

Rog's Short No-Virus Rap

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No-Virus

It is important to recognize that humans have a tendency to believe in some things that are absorbed as part of the culture and to accept them as true, but it behooves us to sometimes stop, take a look around and lend a critical eye as to whether our beliefs are based on reality. Not having proof that something exists does not mean it doesn't exist. However, without proof, one has to be very cautious about basing action on a theory.

It is important to remember that the Germ Theory is just that - a theory. Some "germs" such as bacteria are known to exist; they can be seen and observed. However, the nature of the correlation between dis-ease and the presence of bacteria is theory. Do they cause dis-ease or is their presence because they are nature's janitors? It's an important question if one wants to get to the core of what dis-ease in the body is, where it comes from and how best to recover or maintain health in the first place.

But that is a discussion for another time. This rap is concerned with another theorized "germ": the virus. Unlike bacteria, viruses cannot be observed and the evidence of their existence and the idea of spreading or catching them is mostly based on correlation; numbers of people seeming to get "sick" at the same time, exhibiting similar symptoms.

What is usually referred to as being "sick" is the body's activities where its focus is to eliminate that which it recognizes as needing to be eliminated - this is a "healing crisis". The nature and intensity of the healing crisis depends not only on what needs to be eliminated but also on the overall health and integrity of the body. Viewing dis-ease in this light is often referred to as "terrain theory".

There are many people who believe that what medical dogma characterizes as the body's response to a virus has, in reality, nothing to do with a foreign contagious particle; rather the symptoms (the dis-ease) are the body's efforts to cleanse itself.

This is hugely important for two main reasons.

One is to liberate ourselves from the Bad Guy bug vs. the Good Guy drug mentality. If viruses aren't causing the dis-eases that they are claimed to, then we are led on a wild goose chase for a "cure", away from the reality of what is happening in our bodies and the consequent learning of how best to achieve health and how best to regain health when

one feels unwell. And similarly, if viruses aren't causing "outbreaks" then we must look critically to first determine if there really is an outbreak and if there is, then look for other possible causes, such as toxins and other shared environmental conditions.

And reason number two is that without the fear of contagious particles being emitted by our fellow humans and lurking everywhere, ready to wreak havoc, the State loses it's most powerful tool of control over us.

Please see my PDF, *Explore No-Virus Articles, PDFs, Videos, Websites - Extensive Sources*, on my [No-Virus page of my website](#), for lots of information that flies in the face of virology.