

Excerpts From My Book, Insights, On the Theme of Hypnosis

Offered in light of the current Mass Formation* enabled by a general hypnosis.

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And check out my [Author Page](#) for all of my published books - this includes paperbacks and ebooks. The content of the paperbacks reflect my truer inner self, predating my current seemingly necessary focus on world affairs. The ebooks include 4 Free world affairs oriented titles.

Critical Thinking vs. Paradigm

I have been feeling some tension living among people who so accept the predominant paradigm; the social and mental limitations. In the light of critical thinking, social standards are seen to be warped. I've been thinking about Edi's and my talks about consciously choosing unconscious. Critical thinking, at its best would be, I think, not analytical or mental work at all. It is pure observation. The thinking enters into it because it encounters the clouds of our wide-spread hypnosis. And we hold on so dear to the tangled mass that holds us fast, lest we let go in free fall. (LSD?)

Create Your Own Mood Outside of the Hypnosis

I was talking with a friend about my theme these days of the paradigm of normal hypnosis. How as you walk around you feel it and engage it in the ether.

I was saying how just to express yourself meaningfully is difficult because the overwhelming agreed upon program is so definitive. You just about have to grab somebody by the arm, haul them into a nearby room by a fire, light a candle and put on Enya before you can express yourself freely and not have it rejected, unheard, misunderstood, hidden, or packaged.

So maybe what is necessary is to create the mood wherever you go.

Be in the mood of the environment you wish. Infuse that image with energy. Don't lose attention on it. Not brain attention, rather knowing attention. Simple validated confidence.

Knowing that almost any objects and people can take on new light in different moods, especially when created jointly by more than one individual, I believe this magic is possible.

I would like to try that. Instead of imposing my eccentricities on a flat world, on a flat reality, I could try and accept my approach, my approaching communication as preparation toward developing a texture, in which's environment I and others can express ourselves.

There is a time factor; how quickly other beings will respond. There is resistance out of stupidity (hypnosis) and out of control concerns (evil). There is inertia because of the physical surroundings.

But these are only factors - I believe this magic to be possible.

Visionary or Realist

A friend said something about having the choice whether to be a visionary or a realist. I said it's a no brainer. Choosing to be a visionary, you have also chosen to be a realist. That's what a visionary is; one who can see past the hypnosis to the reality; the functional reality of this plane.

We May Be Forced to Change, Sadly

I listened to the Moody Blues' In Search of the Lost Chord this morning. Really stunning. Transcendental and phenomenal musicianship.

At one line singing of children playing I got a rush of feeling and sadness at the beauty of the simplicity of children and their musical cacophony; also their minor aggressions and the nightmarish tragedy of the adult world. The simplest rules of behavior for children held to be true by most people are ignored in adult competitive behavior. What an awesome failure.

After so many years of holding my own and working behind the lines and feeling optimistic, I feel now that society seems really entrenched in its fear and hate and I can't imagine it changing itself.

The economy or the poles shifting or some divine intervention might force it, but I just can't see enough people changing fast enough to prevent earthly disaster.

And it's so sad. I would rather that society were changed from within by people hearing their minds and feeling their hearts and making command decisions. Kennedy, King, Daniel Ellsberg, Jesus even. Leaders who impact visions, or people who drop out and share their piece of the truth are fine but each person must decide which piper they will follow.

And it's so sad that most choose to remain stupid.

If some disaster eventually forces people to adjust their behavior into a more positive mode, it will be good; there will be healing, there will be growth, and souls will advance. But like the person who lusts after meat and decides mentally to become a vegetarian, the transition is rarely complete. It would be so much better if people could improve organically as a consequence of being released from hypnosis and be seeking souls without external pressures.

Mass Hypnosis

I was thinking today about the awesome intimidation of society as it is expressed in this town in how people keep their lawns.

I really don't think I've seen one single lawn let go to grow. In a town of 50,000 humans I think that is almost Twilight Zone material. They can't possibly really all have the same aesthetics, style, and taste in lawns. It's just not possible. All 10,000+ homes? Mass hypnosis.

Paradigmatic Judgments

Talking with an acquaintance, I criticized some Janet Jackson song and said something flippant like it destroys brain cells. She took offense at my "judgment." She said it's just my taste. She said I judged and I explained that she does too. She couldn't see that.

Group agreements. This is a huge facet of the hypnosis that is our society. Judgments that jive with social standards aren't recognized as judgments. They are seamlessly and thoughtlessly (without reflection) assumed to be (foundations of) reality.

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* What is "Mass Formation"?, you say. Check out an interview with Mattias Desmet about his theory of Mass Formation and the current situation. He starts by saying how from the beginning it was clear that the Covid narratives and the measures were nonsense, illogical and destructive, so he sought to explain why the hypnosis was so wide.

[Why People WILLINGLY Give Up Their Freedoms W/ Prof. Mattias Desmet | Aubrey Marcus Podcast](#)